

Does Radiation Affect Food?

COLLEGE—Would the food in your home be safe to eat after a nuclear attack. Yes. The gamma rays and beta particles of fresh radioactive fallout will injure humans and animals but they simply pass right through plants and non-living materials such as food.

If radioactive dust does not come into contact with foods, they will not become radioactive and will be safe to eat.

If radioactive dust does come into direct contact with food it must be decontaminated. If beta particles are not removed from food they can burn the skin of anyone handling them. More serious internal damage can result if people or animals eat food covered with radioactive dust.

There are several methods for recovering foods that have radioactive dust on them. The dust can be removed the same as any other dust, by washing, vacuum cleaning or brushing.

Top Portions Affected

If uncovered supplies become contaminated, usually only the top portions are affected. If this is the case, the top portion can be discarded and the rest used. Many foods can be stored long enough to allow the radioactive dust to decay to a safe level. Remember, cooking does not destroy radioactivity.

Contaminated potatoes or other root crops are safe to use after washing and peeling. Peas and beans should be washed, shelled and used. Head lettuce, cabbage, cauliflower, and other foods can be washed thoroughly to remove fallout dust, then peeled or the outside removed to make them safe. Be careful not to contaminate the food with your hands or utensils while cleaning or peeling it.

SAVED THE TURKEY . . .

OWEGO, N.Y. (AP) — The house caved in, but the Pabis family rescued the turkey and ate Thanksgiving dinner next door.

A huge elm toppled onto the family's two-story frame house as Mr. and Mrs. Leon Pabis and their four daughters were about to have dinner. All escaped without injury.

The 100-foot-high tree, believed to be more than a century old, was rotted at the roots and apparently succumbed to gusty wind. It split the house and destroyed many furnishings.

Washing is not an effective method. Contaminated meat can be stored until the radioactivity has decayed to a safe level.

Protected In Refrigerator

Meat or meat food products in home or commercial storage would be most effectively protected in a refrigerator or deep freeze or cans. Fallout on unprotected meat would present a difficult salvage problem since it is very difficult to remove the outer surface of meat without carrying contamination into the other parts.

For detailed information contact your nearest civil defense organization or Cooperative Extension Service Agent.

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"Snuff Age" . . . Is Back to Stay

By Hal Boyle

NEW YORK (AP) — What is it President John Adams, Dolly Madison, Voltaire, Napoleon Bonaparte and Babe Ruth had in common?

Why, they all used snuff!

You may have thought that snuff went out with the perigree wig or the bustle. Fie on your ignorance, sir! A double fie!

The so-called "great age snuff" in Europe was during the 16th and 17th centuries and was largely a privilege of the aristocracy. But snuff is now in its second great age, and has more devotees in this country than during the U.S. Revolution.

"America leads the world in snuff, and we use far more than all the rest of the people on earth put together," proudly proclaimed Gerry Gilmartin, spokesman for the snuff information center.

"Our production last year was 34 million pounds with a retail value of \$60 million. That can be compared with a production of only three million pounds in 1875."

Gilmartin estimates America's snuff clientele at about six million. The reason you don't notice them is that few sniff snuff in public anymore. Most simply park their snuff under their lower lip, or between cheek and gum, and let it slowly dissolve.

"Snuff precedes the discovery of America," said Gilmartin. "Indians here customarily sniffed it through an eight-inch reed called a cubit."

Explorers brought snuff back to Portugal. Jean Nicot, French Ambassador to Lisbon, sent samples home to his queen, Catherine De Medici, who spread the fad through European nobility. Nicot's reward: He gave his name to nicotine.

Snuff comes in two forms — dry and finely powered — known in the trade as "Scotch" — and moist, which is coarse cut.

There are some 60 brands, flavored with licorice, clove, cinnamon, wintergreen and other flavoring ingredients. Each manufacturer guards his secret formula as carefully as do the makers of fine whiskies or coca-cola.

So far no one has thought of coming up with a whisky — or cola-flavored snuff, thus combining the various markets.

Why would anyone want to take snuff? There are several reasons. You don't have to light it, filter it or puff it — and it leaves the hands free to work. Second, it is inexpensive. A weekly supply of three ounces costs about 36 cents.

Many of its fans also claim snuff helps clear their sinuses, settle their stomachs and relax their nerves. And, finally snuff doesn't start forest fires or cause explosions in chemical factories.

Christmas

Is less than two months away.

And in Nome you plan early for the holidays, or your plans are not fulfilled.

Have you ordered your Christmas Cards yet?

If not, we suggest that you stop by at the Nome Nugget office and place your order NOW, in order to assure that they'll be here in time for mailing.

Business houses are reminded this is the last week for calendar orders.

Nome Nugget

CHECK LIST FOR HOME MEDICAL CHEST



In order to properly handle minor illnesses and accidents at home, a few staple items should be included in your stock of home medical supplies. As recommended by leading national medical societies, the well-equipped home medicine chest should include:

- | | |
|--|---|
| <input type="checkbox"/> Aspirin | <input type="checkbox"/> Vaporizer |
| <input type="checkbox"/> Calamine lotion | <input type="checkbox"/> Vaseline Petroleum Jelly |
| <input type="checkbox"/> Cough syrup containing no habit-forming drugs | <input type="checkbox"/> Oral thermometer (a rectal one for small children) |
| <input type="checkbox"/> Adhesive bandages | <input type="checkbox"/> Roll bandages |
| <input type="checkbox"/> Sterile gauze bandages | <input type="checkbox"/> Adhesive tape |
| <input type="checkbox"/> Antiseptic for wounds | <input type="checkbox"/> A bulk or mild saline laxative |
| <input type="checkbox"/> Epsom salts | <input type="checkbox"/> Rubbing alcohol |
| <input type="checkbox"/> Hot water bottle | <input type="checkbox"/> Ice bag |
| <input type="checkbox"/> Enema bag | <input type="checkbox"/> Medicine droppers |
| <input type="checkbox"/> Tongue depressors | <input type="checkbox"/> Tweezers |
| <input type="checkbox"/> Scissors | <input type="checkbox"/> Handy reference poison chart |

Caution: Keep medicines out of the reach of small children. Don't try to treat a more serious illness or injury yourself. Call your doctor.

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